

From Confrontation to Non-Confrontation

Never-ending Wars

We all hope for peace and yet we there is always war. Religions preach but often cause war. Governments are supposed to protect nations but kill a lot of people. Is there any truth in phrase “fighting for peace” or “fighting for justice?” Many wars fight for justice each other “peace” and “justice” change the definition depending on the situation.

The Illusion Of Thinking I Am Right And You Are Wrong

What would happen if you protest or demand something of a person whose position is different from yours? Obviously, there would be conflict. Protests and demands invariably bring retaliation. Your problems therefore will never be solved through protests or demands.

Awareness

- We cannot change people.
- People cannot change unless they become aware of themselves.
- The important thing for us is to provide opportunities for people to be aware.

Providing Opportunities For People To Become Aware

When talking to someone, let us put ourselves in that person's shoes and think about how that person might think. We would not want to listen to a person who protests and makes demands of us. We would not listen to a person who accuses us, is arrogant, ridicules us, is insistent or is difficult.

We should therefore put ourselves in the same position as those we are talking to by asking if they know about a particular issue, what they think and why. We must be amicable and take a non-biased stance to solve the issue together.

By changing ourselves, we provide the possibility for other people to become aware. Protests, demands, doctrines and assertions can get in the way of awareness. Facts are very persuasive. Give the facts and then listen carefully to what others have to say. Be accepting. Be a good listener. Afterwards ask, "Will that be okay?" or "What can we do?" We must reserve our own opinions or proposals until after we hear other people's points of view.

Personal change, and self-example is very persuasive.